

Honey From “Famille Mary”

Since the Antiquity, Honey is known as a good and healthy food. It has even been considered as the god’s foods, a source of immortality... Nowadays, it’s still the most famous and remarkable beehive product.

Made from the hearts of flowers and thanks to bees, this 100% natural nectar has high-energy effects. It contains also trace elements: calcium, magnesium, potassium, sulphur, phosphorus and proteins.

Following the seasons, the place and the flowers gathered, honey change of aspect, colors and perfume... This variety permit to discover different tasty flavors!

Honey possesses many benefits and can be used in different way: There is a type of honey for each envy!

- Top grade element for children, sportspersons and tired people, honey is toning and it facilitates bowel movement. It helps digestion and fight against constipation. In winter, it softens irritated throats thanks to its antiseptic action and with a cup of hot milk it contributes to sleep well.
- Delicious in ready meals, honey can also be used to baste roasted meat or in pastries. It will bring a matchless flavor and softness to your cakes, biscuits and breads.
- Honey is an excellent natural way to put sugar in foods. Actually, we mainly consume refined white sugar with some negative effects... But it would be so easy to replace it by a spoon of honey and it would be better for the health!

For the taste or for the health honey is a good natural solution!

To be closer to the nature, we selected Organic Honeys. It guarantees:

- The respect of the bees and the environment by a traditional beekeeping.
- A honey of premium quality, 100% pure.
- A cold Extraction in order to keep all the benefits of honey.

Discover our selection !

Miel d'oranger – Organic Orange Blossom Honey

Harvested in protected orange groves of the south of Spain, this liquid organic honey is selected by Famille Mary for its subtlety and is recognized for its relaxing and soothing effects... for a safe and silent night.

Average energy value for 100g:

305 Kcal - 1275 KJ

Eucalyptus Organic Honey

Harvested in preserved and authentic Eucalyptus forest of Argentine, this creamy organic honey is selected by Famille Mary for its unique and beneficial flavor. This Honey is particularly know for being the “friend of the throat” because of its soothing effects on cough.

Average energy value for 100g:

305 Kcal - 1275 KJ

Organic Wild Flowers Honey from Tasmania

Gathered on wild flowers, whose leaves are the pleasure of koalas, in a protected nature reserve of Tasmania, this organic honey is selected by Famille Mary for its authentic flavor.

Average energy value for 100g:

305 Kcal soit 1275 KJ

Miel de Mimosa du Brésil

Harvested on yellow & perfumed Bresilian Mimosa's flowers, this soft and creamy honey obtained by a cold extraction has a subtle perfume.

Average energy value for 100g:

305 Kcal soit 1275 KJ

Miel des montagnes des Pyrénées

This French and creamy honey is harvested on wild flowers of Pyrennees mountains. It has the perfume of walks in altitude...

Average energy value for 100g:

305 Kcal soit 1275 KJ