

Breadlink

Bakery Sprouted Mixes

Organic Flour



SPROUTED WHEAT* & BARLEY*
with 4 grains* & 5 cereals*

AGRICULTURE BIOLOGIQUE
This Organic Bakery Mix is made with very high quality ingredients designed to bake an exceptional and delicious loaf of bread. Simple to make with highly rewarding nutritional values!
TREADSHIRE LIMITED
<http://www.breadlink.co.uk>

"The Ancient Bread"

NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 376
Protein	: 13,25
Carbohydrates	: 72,45
Fat	: 1,54
Magnesium	: 90,2
Iron	: 3,6
Zinc	: 3,7
Calcium	: 55

Ingredients : Made with 100 % Organic* Wheat*, Barley*, Grain of Millet*, Sesame*, Linseed*, Sunflower* and Cereals of Rye*, Oat*, Rice*, Wheat*, Spelt*

Net Weight : 2,5 kg



5 060239 150124
Code emballer (Packer) : Fr 42002

Organic Flour



WHITE SPROUTED WHEAT*

"The Ancient Bread"

NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 358
Protein	: 12,68
Carbohydrates	: 72,98
Fat	: 1,74
Magnesium	: 110,2
Iron	: 3,9
Zinc	: 2,7
Calcium	: 50

Ingredients : Made with 100 % Organic* Wheat*

Net Weight : 2,5 kg



5 060239 150087
Code emballer (Packer) : Fr 42002

Organic Flour



MIXED SPROUTED

SPELT* - WHEAT* - RYE*

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NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 369,29
Protein	: 11,56
Carbohydrates	: 75,70
Fat	: 1,95
Magnesium	: 85
Iron	: 4,2
Zinc	: 4,5
Calcium	: 226

Ingredients : Made with 100 % Organic* Spelt*, Wheat*, & Rye*

Net Weight : 2,5 kg



5 060239 150131
Code emballer (Packer) : Fr 42002

Organic Flour



MIXED SPROUTED WHEAT*

KAMUTS* - SPELT* - WHEAT* - RYE*

"The Ancient Bread"

NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 394
Protein	: 13,5
Carbohydrates	: 76,50
Fat	: 1,20
Magnesium	: 133,2
Iron	: 3,9
Zinc	: 2,2
Calcium	: 69

Ingredients : Made with 100 % Organic* Khorasan Kamut & Wheat*, Spelt* and Rye*

Net Weight : 2,5 kg



5 060239 150148
Code emballer (Packer) : Fr 42002

Organic Flour



SPROUTED SPELT*

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NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 396
Protein	: 16,25
Carbohydrates	: 74,25
Fat	: 1,34
Magnesium	: 88,2
Iron	: 3,7
Zinc	: 3,25
Calcium	: 59

Ingredients : Made with 100 % Organic* Spelt*

Net Weight : 2,5 kg



5 060239 150117
Code emballer (Packer) : Fr 42002

Organic Flour



WHOLEMEAL SPROUTED WHEAT*

"The Ancient Bread"

NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 375
Protein	: 14,5
Carbohydrates	: 72,50
Fat	: 1,70
Magnesium	: 113,2
Iron	: 3,7
Zinc	: 2,3
Calcium	: 59

Ingredients : Made with 100 % Organic* Wheat*

Net Weight : 2,5 kg



5 060239 150094
Code emballer (Packer) : Fr 42002

Organic Flour



SPROUTED RYE*

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"The Ancient Bread"

NUTRITION INFORMATION

Typical values	per 100 gr
Kj cal	: 365
Protein	: 7,25
Carbohydrates	: 77,44
Fat	: 2,33
Magnesium	: 101,7
Iron	: 3,0
Zinc	: 3,0
Calcium	: 57,5

Ingredients : Made with 100 % Organic* Rye*

Net Weight : 2,5 kg



5 060239 150100
Code emballer (Packer) : Fr 42002